

**EVERY DAY ACTIVITIES**

**FIT FOR LIFE**

Each morning will offer a form of physical activity to keep our bodies fit and healthy

**STROKES OF MEMORY**

Using our memories each day to reminisce or recall keeps our minds strong & hearts beating

**THINKING BEYOND**

Each day we will spend some time using our powers of thinking to fine tune our focus and strengthen our attention

**MUSIC & MORE**

There is nothing more enjoyable or therapeutic than the healing power of music!

**REJUVENATING THE SPIRIT**

Whether it's praying for our friends together or planting a garden we all need to renew our spirits as we will do each day.

**TIME FOR FRIENDS**

Joining others at meals, comforting one another, playing cards, putting a puzzle together, enjoying music, crocheting, baking cookies, watching a movie or simply laughing together can make a difference in someone's day when doing it with friends.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 Eucharistic Service 10:30 Dog Visit with Gus 1:00 Bingo 2:00 Exercise with Angela 2:30 Snacks and Sing Along 6:00 Musical on TV	2 10:00-11:00 Glee Club Maggie 1:15 Music with RSVP Singers 2:30 Trivia with Peter 3:30 Board Games & Snacks 6:00 Movie Comedy	3 10:00-10:30 Word Puzzles 10:30-11:30 pm IN2L Games 2:00 Exercise with Angela 2:30 Music with Paul Cavitt 3:00 Happy Hour 6:00 HOT COCOA	4 10:00 Qigong w Roger 11:00 Adult Coloring 1:00 Bingo 3 Snacks & Stories with Peter 6:00 Thursday Night Movie With Popcorn	5 10:15-11:30 IN2L Games 11:30 Cinco de Mayo Dinner 1:00 Bingo 2:00 Jerry Limmer Music 3:30 Snacks & Board Games 6:00 PM Musical	6 10:30 Good Morning Social 1:00 Bingo with Peter 2:00 Noodle Ball 3:00 Trivia and Snacks 6:30 SATURDAY NIGHT
7 11:00 Spiritual Music 1:30 Bingo 2:30 Ice Cream Social In the Gardens 6:30 Family TV Shows	8 10:00 Andy Griffin Show 10:30 Memory Card Game 1:00 Bingo 2:00 Exercise with Angela 2:30 Musical Memories w/Kathy 6:00 Musical on TV	9 10:00-11:00 Glee Club with Maggie 1:00 Bingo 2:00 Music with Pendola 3:30 Board Games & Snacks 6:00 Movie Comedy	10 10:00-10:30 Puzzles 10:30-11:30 pm IN2L Games 2:00 Exercise with Angela 3:00 Happy Hour 6:00 HOT COCOA & CONVERSATION	11 10:00 IN2L Games 11:00 Fun Challenge Trivia 2:00 Music With Kathy 3 Snacks & Stories 6:00 Thursday Night Movie With Popcorn	12 10:00 Sing Along 1:00 Trivia 1:30 Jeff the Plant Guy 2:30 Mother's Day Tea at Jerome Home 6:00 PM Bingo	13 10:30 Good Morning Social 1:00 Bingo with Peter 2:00 Noodle Ball 3:00 Trivia and Snacks 6:30 SATURDAY NIGHT
14  1:30 Activities with Sandy Gardens 2:30 Ice Cream Social In the Gardens 6:30 Family TV Shows	15 10:00 COMMUNION 10:30 Dog Visit with Gus 1:00 Bingo 2:00 Exercise with Angela 2:30 Musical Memories w/Kathy	16 10:15-11:30 Glee Club with Sue J 1:15 Pokeno 2:00 Music w Tom Hanford 3:30 Puzzles & Games 6:00 Romantic Movie	17 10:00-11:30 IN2L Games 1:00 pm Bingo 2:00 Exercise with Angela 3:00 Happy Hour 6:00 pm Movie Musical	18 10:00 Art Fun 1:00 Bingo 2:30 Variety Show at Jerome Home 6:00 HOT COCOA & Conversation	19 10:30 History Class 1:00 Bingo 2:00 Music with Jeff Weiselberg 2:00-3:00 Ball Toss and Exercise 6:00 Music memories	20 10:30 Good Morning Social 1:00 Bingo with Peter 2:00 Noodle Ball 3:00 Trivia and Snacks 6:30 SATURDAY NIGHT
21 10:00 MASS ON TV 11:00 Spiritual Music 1:30 Bingo 2:30 Ice Cream Social In the Gardens 6:30 Family TV Shows	22 10:00 COMMUNION 10:30 Trivia 1:00 Bingo 2:00 Exercise with Angela 2:30 Musical Memories w/Kathy 6:00 Musical on TV	23 10:00-11:00 Glee Club with Maggie 1:00 Bingo 2:30 Music with Tom Stankus 3:00 Snacks & Puzzles 6:00 Musical	24 10:30 IN2L Game Show Fun 1:00 Bingo 2:00 Exercise with Angela 3:00 Happy Hour 6:00 HOT COCOA & CONVERSATION	25 10:00 Bus Trip 1:00 Pokeno 2:00 Music and Slides with Roger Hart 3:30 BALLOON VOLLEYBALL AND DEAN MARTIN 6:15 TV Comedy Hour	26 10:15-12:00 Sing Along Gospels 12:00 Memorial Day Barbeque 1:30 Bingo with Peter 3:30 Board Games	27 10:30 Good Morning Social 1:00 Bingo with Peter 2:00 Noodle Ball 3:00 Trivia and Snacks 6:30 SATURDAY NIGHT
28 10:00 MASS ON TV 11:00 Spiritual Music 1:30 Bingo 2:30 Ice Cream Social In the Gardens 6:30 Family TV Shows	29 10:00 Movie  2:00 Snacks and Stories 6:00 Music on CD	30 10:00-11:00 Glee Club 2:00 Music w Tom Alvord 2:30 History w/ Elaina 5:00 Music on CD	31 10:00-11:30 IN2L Games 1:00 pm Bingo 2:00 Exercise with Angela 3:00 Happy Hour 6:00 pm Movie Musical			